



# Pre-K Traditional Breakfast & Lunch Menu MARCH 2020

Student Breakfast - \$1.25\*  
 Adult Breakfast - \$1.60  
 Student Lunch - \$2.65\*  
 Adult Lunch - \$3.55

\*unless eligible for free/reduced meal program

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals served with 1% white milk
- \*Menu subject to change

## STAY UP TO DATE

@LISDChildNutrition

LISD Child Nutrition

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### Monday

**2**

**BREAKFAST**  
 French Toast Sticks (V)  
 Applesauce

**LUNCH**  
 Grilled Cheese (V)  
 Mashed Potatoes  
 Apple Slices

### Tuesday

**3**

**BREAKFAST**  
 Cheerios with Cheese Stick (V)  
 Apple Slices

**LUNCH**  
 Chicken Sandwich  
 Celery  
 Pear Slices

### Wednesday

**4**

**BREAKFAST**  
 Waffles with Blueberries (V)  
 Pear Slices

**LUNCH**  
 Cheeseburger  
 Coleslaw  
 Orange Wedges

### Thursday

**5**

**BREAKFAST**  
 Egg & Cheese Melt (V)  
 Apple Juice

**LUNCH**  
 Mini Corn Dogs  
 Baby Carrots  
 Pineapple

### Friday

**6**

**BREAKFAST**  
 Egg, Bacon & Cheese  
 Flatbread (P)  
 Pineapple Tidbits

**LUNCH**  
 Cheese Pizza (V)  
 Broccoli  
 Banana

**9**

**BREAKFAST**  
 French Toast Sticks (V)  
 Pineapple Tidbits

**LUNCH**  
 Pizza Sticks (V)  
 Baby Carrots  
 Apple Juice

**10**

**BREAKFAST**  
 Cheesy Sausage  
 Scrambled Eggs with Toast (P)  
 Pear Slices

**LUNCH**  
 Chicken Sandwich  
 Baked Beans  
 Grapes

**11**

**BREAKFAST**  
 Cheerios with Cheese Stick (V)  
 Raisins

**LUNCH**  
 Cheeseburger  
 French Fries  
 Apple Slices

**12**

**BREAKFAST**  
 Kolache  
 Apple Slices

**LUNCH**  
 Macaroni and Cheese (V)  
 Peas & Carrots  
 Orange Slices

**13**

**BREAKFAST**  
 Pancakes with Bacon (P)  
 Banana

**LUNCH**  
 Cheese Pizza (V)  
 Broccoli & Tomatoes  
 Banana

**16**

No School

**17**

No School

**18**

No School

**19**

No School

**20**

No School

**23**

**BREAKFAST**  
 Egg & Cheese Melt (V)  
 Craisins

**LUNCH**  
 Chicken Drumstick & Waffles  
 Cinnamon Sweet Potatoes  
 Apple Slices

**24**

**BREAKFAST**  
 Egg, Cheese & Tater Taco (V)  
 Apple Slices

**LUNCH**  
 Green Chicken Tamale  
 Tomato Wedges  
 Applesauce

**25**

**BREAKFAST**  
 Waffles with Blueberries (V)  
 Applesauce

**LUNCH**  
 Cheeseburger  
 French Fries  
 Pear Slices

**26**

**BREAKFAST**  
 Ham, Egg & Cheese  
 Flatbread (P)  
 Pear Slices

**LUNCH**  
 Chicken Penne Alfredo  
 Roasted Zucchini  
 Applesauce

**27**

**BREAKFAST**  
 Pancakes with Scrambled Eggs (V)  
 Banana

**LUNCH**  
 Cheese Pizza (V)  
 Cucumber  
 Orange Juice

**30**

**BREAKFAST**  
 Cheerios with Cheese Stick (V)  
 Fruit Mix

**LUNCH**  
 Spaghetti with Meat Sauce  
 Celery  
 Apple Juice

**31**

**BREAKFAST**  
 Egg, Cheese & Bacon Taco (P)  
 Apple Slices

**LUNCH**  
 Chicken Sandwich  
 Curly Fries  
 Grapes

No School

No School

No School



This institution is an equal opportunity provider.